

## **Mental Health Crisis/Support Hotlines and Resources**

- 24/7 Emergency: 911 or go to your nearest emergency department or crisis center
- 24/7 Philadelphia Crisis Response Centers and Assessment Centers:  
<https://dbhids.org/addiction-services/crisis-response-centers-in-philadelphia/>
- Delaware County Mobile Crisis: 1-855-889-7827
- Chester County: 1-877-918-2100
- 24/7 Crisis Text Line: Text HOME to 741-741
- 24/7 Pennsylvania Hospital Crisis Center: 215-829-5433
- National Suicide Prevention Lifeline: 988 or 1-800-273-8255 <https://988lifeline.org>
- Nacional de Prevención del Suicidio: 1-888-628-9454
- Philadelphia County 24 Hour Suicide Prevention and Crisis Intervention Service: 215-686-4420 or 215-685-6440
- Philadelphia County Warm Line (non-emergencies): 1-855-507-9276
- Find a Helpline: <https://findahelpline.com/i/aas>
- Addiction Treatment Hotline: 1-800-622-4357
- Pennsylvania Recovery Facilities: <https://help.recoverycentersamerica.com/east-pa-alternatives.html>
- LGBTQ National Hotline: 1-888-843-4564
- Trans Lifeline: 1-877-565-8860
- The Trevor Project's 24-hour Suicide Prevention Lifeline for Queer and Trans/GNC Youth: 1-866-488-7386
- RAINN: 1-800-656-4673
- National Domestic Violence Hotline: 1-800-799-7233
- Philadelphia Domestic Violence Hotline: 1-866-723-3014
- Other Domestic Violence Resources: <https://www.phila.gov/departments/office-of-domestic-violence-strategies/resources/>
- Grief and Loss Support: 215-685-7408 or 215.685-7411